

Is it the Novel H1N1 Flu Virus?

Flu Symptoms*

Flu is a severe respiratory infection caused by a virus. The symptoms of the novel H1N1 virus* are similar to the seasonal flu, can come on suddenly and include:

- ✓ Fever of 100° or higher
- ✓ Dry cough
- ✓ Sore throat
- ✓ Body aches
- ✓ Headache
- ✓ Chills
- ✓ Tiredness
- ✓ Respiratory congestion



In addition, the Novel H1N1 virus*:

- ✓ Has given some people diarrhea and vomiting
- ✓ May cause a worsening of chronic medical conditions (heart disease, asthma, diabetes, etc.)

Only a physician can determine if you have the flu and whether it is the novel H1N1 virus or the seasonal flu.

Who is at Risk?

High-risk people for seasonal flu normally include the elderly and infants. With the novel H1N1 virus, high-risk people include*:

- ✓ Pregnant women
- ✓ Children and young adults from 6 months to 24 years
- ✓ People 25 to 64 years with underlying medical conditions

Contact your healthcare provider immediately if you think you or a family member may have the flu.

**For more specific (*insert county here*)
flu information, visit
www.nwopandemicflu.org**